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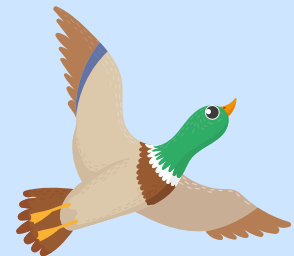


Parliament

Training

Weekend

Access Key &



Program

Information



24-26 May 2024

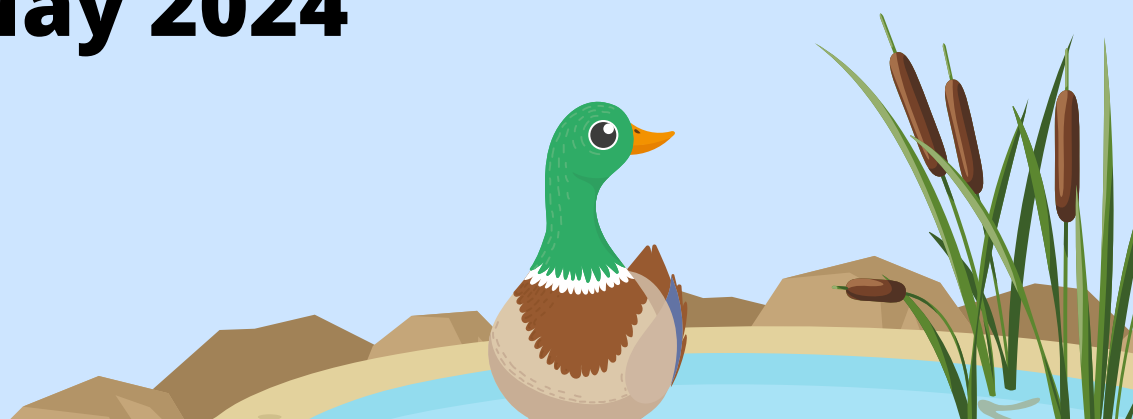


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Getting to Camp

Camp is held at Lake Dewar Discovery Camp

Address: 339 Garrards Lane, Myrning VIC 3341

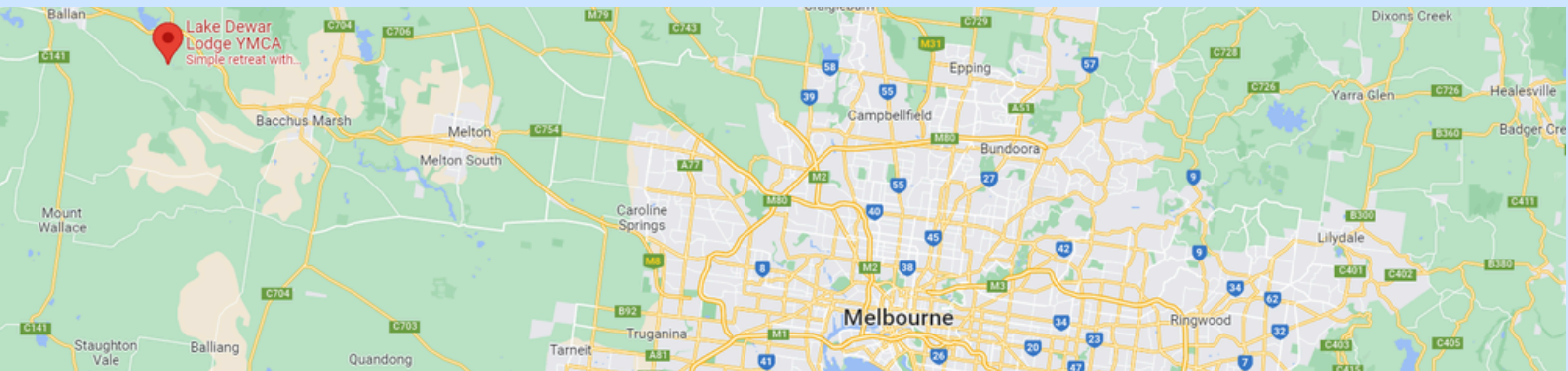
You will have ticked a box in your indemnity form indicating that you are either

A) Taking the YMCA Bus to and from camp

or

B) Organising your own transport to and from camp

If you're unsure, have forgotten what you answered, want to clarify something, or want to change your answer just email us at vicyp.logistics@ymca.org.au



Getting there via car

If you plan on taking **private transport**, a car is necessary to access the campsite:

- There is no nearby public transport
- The campsite is outside of ridesharing and taxi zones

Use the National Highway M8 and take the exit C318 for Greendale / Blackwood / Trentham



Freeway exit to access campsite coming from Melbourne

Once at campsite

1. Follow the road approx. 200 meters until you reach the big Y statue.
2. Turn right to follow the sign to the conference centre / reception
3. Follow the road another 500 meters until you reach the buildings
4. **A Taskforce member will then meet you on the road to direct you to the carpark or drop-off zone**

If driving to camp, please arrive between 6:30pm-7:00pm



Getting to Camp

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Catching the Bus

We provide the option of catching a free bus to and from camp. Please ensure that you have let us know if you will be catching the bus on your indemnity form.



The bus is leaving for camp on **Friday 24th of May** from the Arts Centre Melbourne at **5:15pm**. Note that the bus will be **LEAVING** at this time so it's very important that you arrive well before then. Taskforce will be at the Arts Centre to greet you from **4:30pm** till the bus leaves.

TO CAMP: Friday 24th May

Leaving from: Arts Centre Melbourne

Address: 180 St Kilda Rd, Melbourne VIC 3006

Please arrive no later than 5:00pm

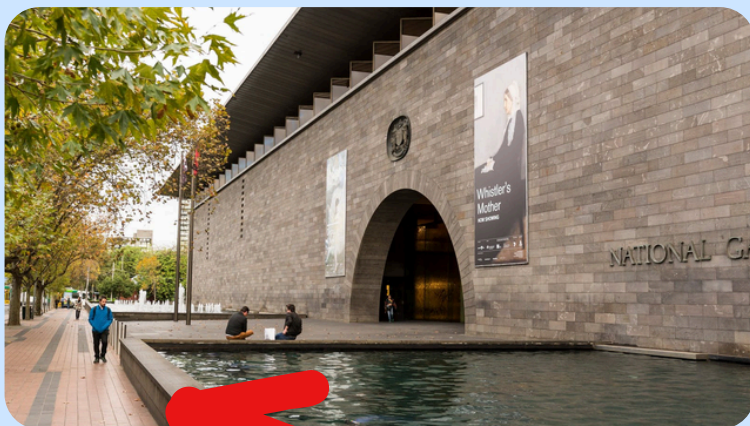
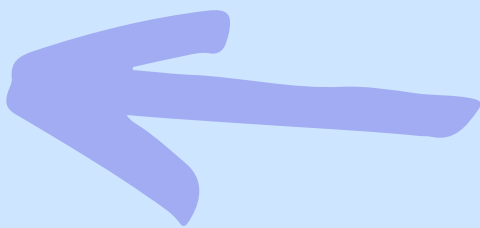


FROM CAMP: Sunday 26th May

Arriving to: Arts Centre Melbourne

Address: 180 St Kilda Rd, Melbourne VIC 3006

Bus will arrive at 4:30pm



Katelyn will be in charge of buses to and from camp if you have any issues on the day reach out to her on: 0455 777 126

Taskforce will meet you here!



Campsite Buildings & Maps



Lake Dewar Campsite

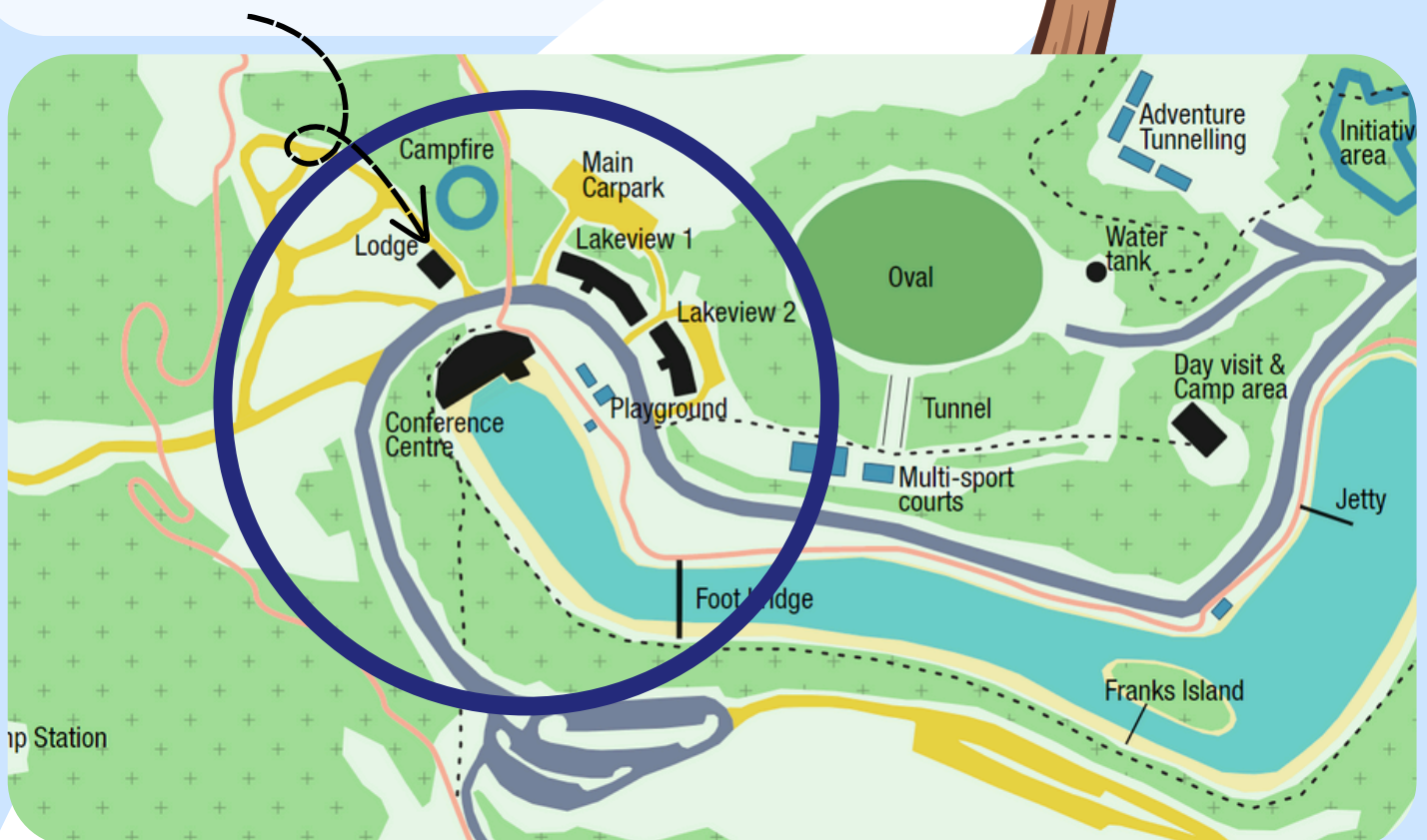
The boundaries for our program are circled on the below map. Participants are welcome to utilise the circled area, and may explore the broader campsite further while accompanied by Task Force.

The Lodge

Taskforce will be staying in The Lodge, therefore this building will be out of bounds for participants, expect for emergencies.

You can find Georgia's, the Program Director, phone number on timetables posted around the campsite for you to contact should there be an emergency or an urgent matter.

Her number is: **0455 777 126**



Birds-eye map of Lake Dewar campsite

Conference Centre

The Conference Centre is one of the main buildings used for sessions and socialising. It includes:

- The dining hall
- The auditorium & mezzanine
- 3 - 5 bedrooms
- All Gender, female, male and accessible toilets

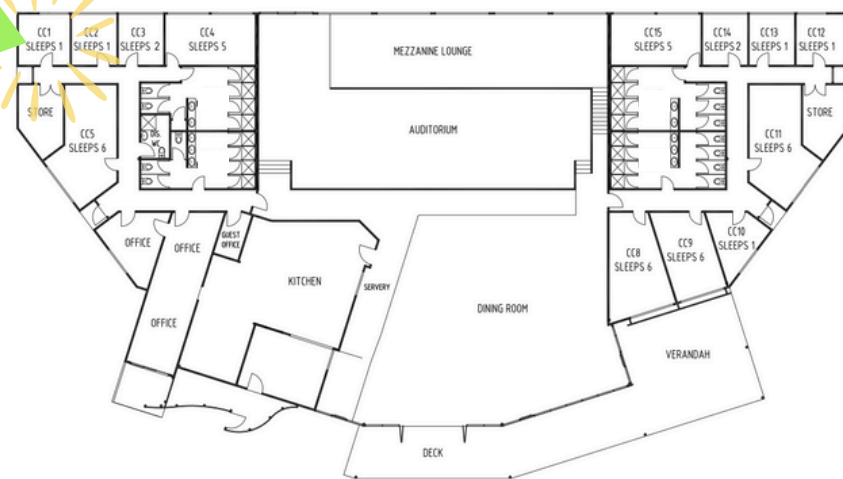


External view of the Conference Centre

Sensory Room!



Auditorium & mezzanine lounge in the Conference Centre



Conference Centre

Conference centre birds-eye map

Physical space

- There are 5 stairs to move directly between the dining hall and the auditorium
- There are 12 stairs leading up to the mezzanine
- Both the dining hall and auditorium can be accessed via automatic sliding doors from outside of the building
- There is an accessible toilet and shower in the bedrooms' hallway
- To travel between the dining hall and auditorium, wheelchair users must travel through the hallway near the bedrooms, around the outside of the building and into the auditorium via the automatic sliding door
- There are separate unisex and female toilet blocks in the bedrooms' hallway

Lakeview 1

Lakeview 1 is located up a short hill approx. 30 meters from the conference centre and includes:

- 2 meeting spaces with ensuite toilets
- 9 bedrooms with ensuite bathrooms
- Undercover verandah area

Physical space

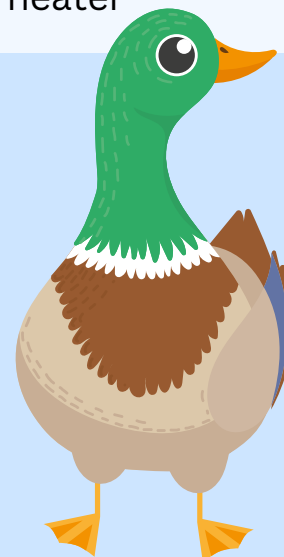
- There are five stairs to directly reach the meeting space and / or walkway to the bedrooms
- The ground continues to slope uphill which meets the end of the walkway to be wheelchair accessible (identified on the map)
- There are sliding glass doors to enter the meeting rooms
- Most bedroom units has a sliding door to enter, with one bedroom unit having a swinging door
- Each bedroom sleeps from 2 to 8 people on bunk beds
- At the rear of each bedroom is a private bathroom containing a toilet, shower, two sinks and a mirror
- A wheelchair accessible bathroom is located in the middle unit for those allocated to that room
- Each bedroom has a split system air conditioner and heater



Birds-eye map of Lakeview 1



Lakeview 1 meeting spaces



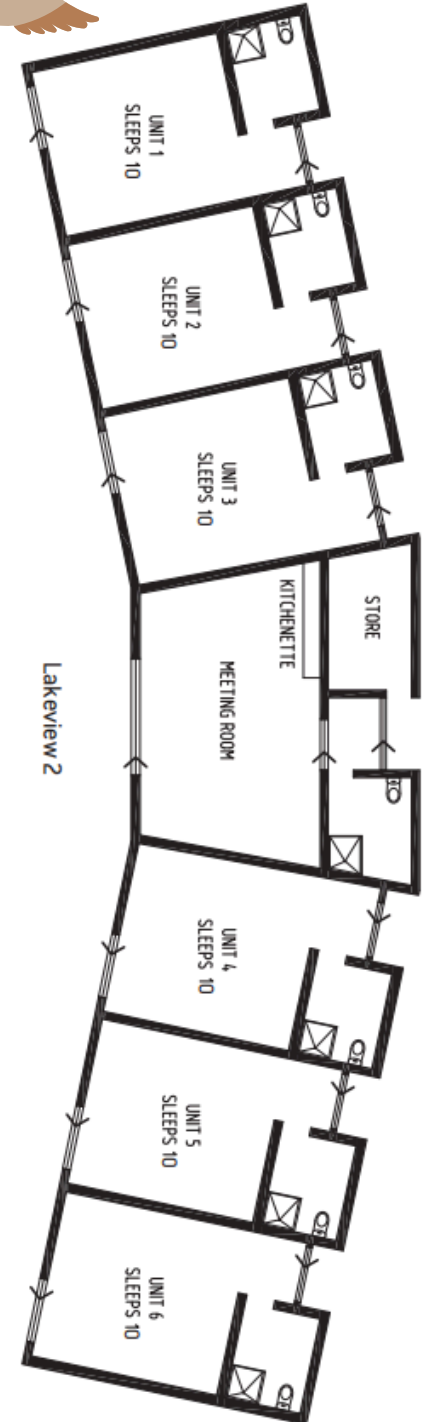
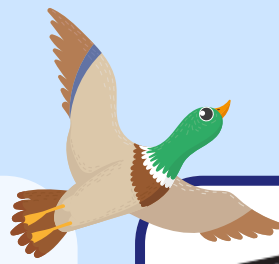
Lakeview 2

Lakeview 2 is located further up the hill past lakeview 1 (approx. 60 meters from the conference centre) and includes:

- 1 meeting space with an ensuite bathroom
- 6 bedrooms with ensuite bathrooms
- Undercover verandah area

Physical space

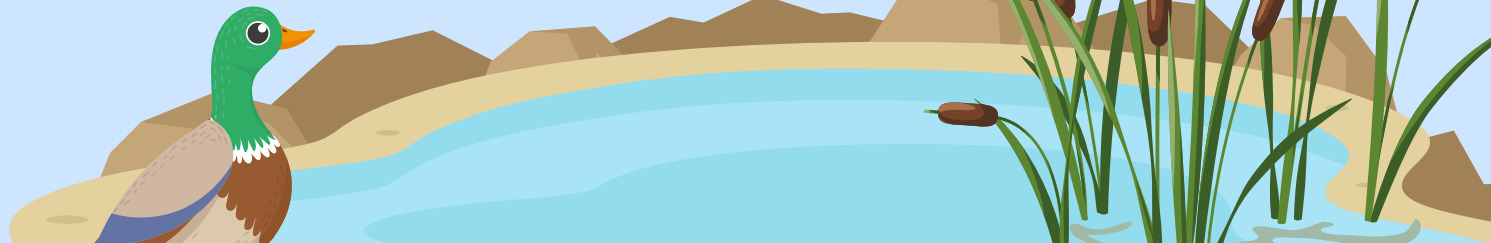
- There is an uphill sloped path from the road to access the undercover verandah and path to access the bedrooms
- Each bedroom sleeps 10 people on bunk beds
- At the rear of each bedroom is a private bathroom containing a toilet, shower, sink and mirror
- There are no wheelchair accessible bathrooms
- Each bedroom unit has a radiator heater
- Each bedroom unit has a sliding glass door to enter



Birds-eye map of Lakeview 2



Lakeview 2 exterior



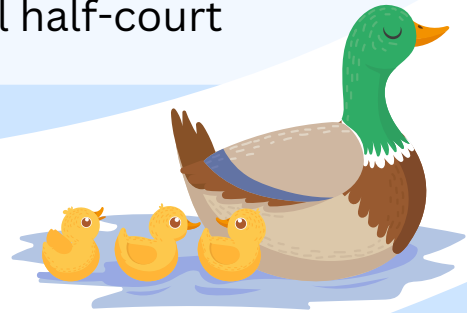
Outside Areas



Lake in front of the conference centre

There is a large outdoor space between the conference centre and the lakeview buildings which includes:

- Picnic tables
- Grassy area
- Climbing structure on tanbark
- Basketball half-court



Basketball half-court



Climbing structure

Physical space

- There is a wooden deck outside the door to the auditorium (which may get slippery when wet or raining)
- The lake is out of bounds to all participants - please do not enter
- The climbing structure / tanbark area is surrounded by a strip of wood approximately 10cm tall

Logistical Information

Bedrooms and Sleeping

You will be sharing a bedroom with between two to nine other participants in a bedroom set up with bunk beds. Your bedroom may be located in the conference centre, lakeview 1 or lakeview 2.

Bedrooms are allocated based on gender (i.e. male, female, and non-binary rooms).

Participants are asked to definitely be in their bedrooms from 10:00pm at night to sleep.

If you have requirements for any of the following, please ensure that you have notified the logistics team as this may affect the bedroom you will be allocated to:

- Wheelchair accessible bathroom
- Wheelchair accessible entrance
- Bed without a bunk on top
- Shorter distances between main program spaces and bedroom
- Even ground (no steep hills or holes) between main program spaces and your bedroom
- Non-binary room



Lakeview 1 bedroom

Meals

Campsite provides us with all of our meals and structured snack breaks. They provide:

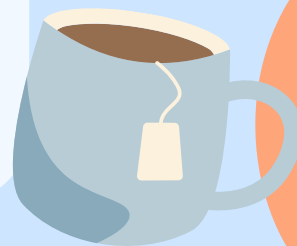
- Breakfast - continental style with cereal, yoghurt, toast & spreads
- Morning tea - usually baked goods (muffins, biscuits)
- Lunch - usually salad rolls or wraps with a protein
- Afternoon tea - usually a fruit platter
- Dinner - a hot meal
- Dessert - a baked dessert or ice cream
- Supper - usually biscuits or cake

For meal specific times, check out the timetable on pages. We may also be able to provide alternate eating spaces if requested.

Campsite are happy to make any adjustments to cater for your dietary requirements and allergies (no matter how detailed that might be!). Please ensure that you have included your most up to date dietary requirements (including any allergies) on your indemnity form. For any changes, additions, or clarifications, please contact vicp.logistics@ymca.org.au team at least 2 weeks before camp to ensure adjustments can be made.

In addition to structured meal times, there is always a drinks station available with:

- Instant coffee
- Tea bags (a variety of types)
- Milk (cow, rice, and soy)
- Sugar



PLEASE NOTE:
The campsite is completely **NUT-FREE**. Please ensure that you are not bringing any nuts or food with nuts in it to campsite

Dining room in Conference Centre



Programmed Sessions

The majority of the training weekend will be spent in sessions facilitated by the Taskforce. These sessions will focus on preparing you for Youth Parliament through skill-building activities and meeting with other participants on the program?

Camp is designed to challenge you at times to help you get the most out of your week. During the Training Weekend and Week of Youth Parliament Camp, we will operate and often refer to the two following principles:

The Learning Zone

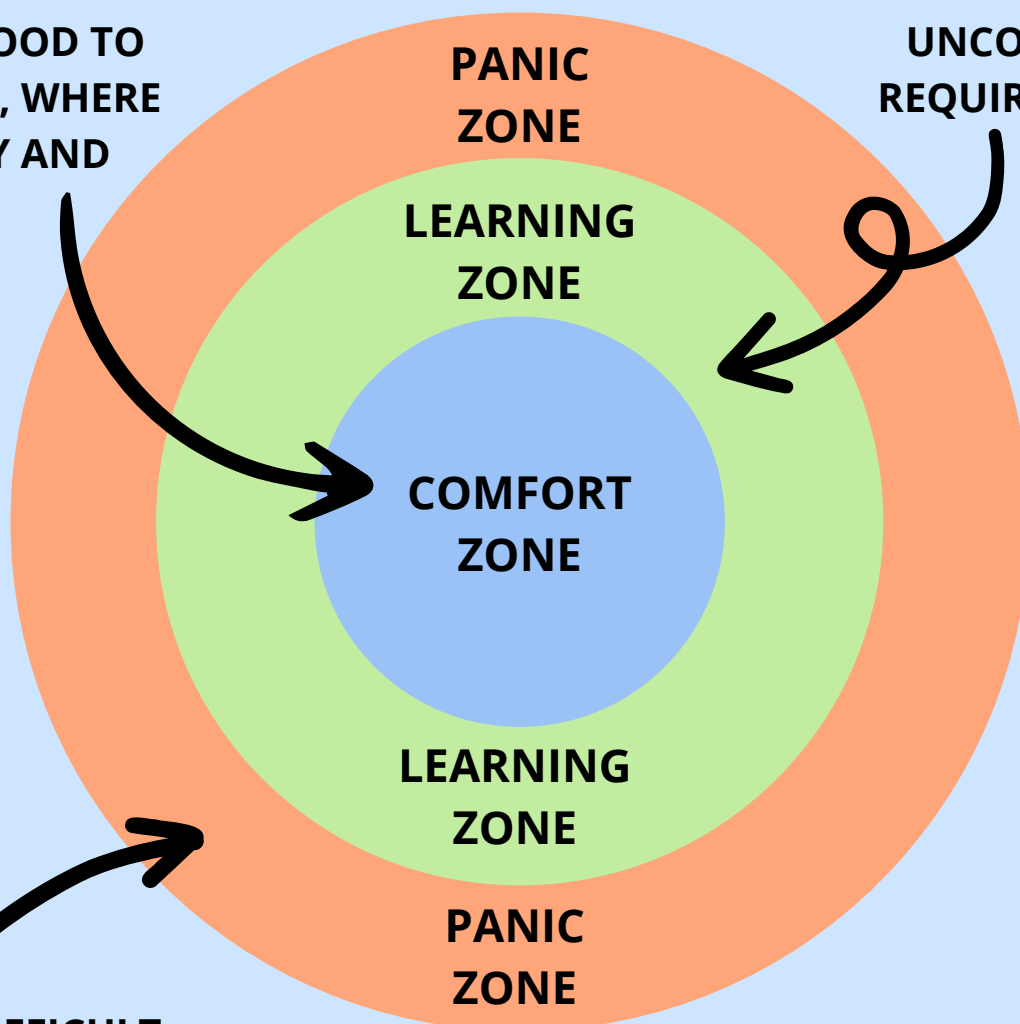
You will do the most learning when you're in your learning zone - when you feel a little bit out of your comfort zone, but still able to engage in the session without feeling wildly out of your depth.

Challenge by Choice

We operate on adult learning principles. We will encourage you to engage in sessions, but it is ultimately up to you to decide the level at which you get involved. If something seems too much of a challenge for you, that's okay to take a step back for a second!

IT FEELS GOOD TO STAY HERE, WHERE IT'S COMFY AND SAFE

UNCOMFORTABLE REQUIRES FOCUSED EFFORT AND ATTENTION



WAY TOO DIFFICULT. HERE WE ARE OVERWHELMED AND UNABLE TO LEARN

On camp, there may be some dedicated free time. For exact times, check out the timetable on pages

During free time, you are welcome to utilise the campsite within the boundaries outlined on the campsite map (page 5), including the basketball court, tennis court, and other outdoor and indoor areas.

We encourage you to use free time to take care of yourself and recharge for the activities or days to follow.

Sensory Room

Whilst on the program, we will aim to ensure that it is accessible to everyone. We understand that training weekend may be overwhelming, that's why we are putting initiatives in place to ensure that you are able to get the most out of camp.

The room will include:

- Fidget toys
- Mindful colouring-in
- Dim coloured lighting
- Weighted Blanket
- Other sensory items

Sensory Room!

We ask that any items in the sensory room stay in the sensory room. However, you are welcome to bring your own fidget toys or other sensory related items

**PLEASE NOTE:
No one is allowed to enter the lake during any part of the program, including during free time**



See page 4 for whole map

Prayer room

There will be a prayer room that will be accessible to participants who require it on on camp. If you require access to this room please communicate with Task Force and we will direct you to it.



It is highly recommended and encouraged that everyone does a RAT test on Friday morning before coming along to camp! This will just make sure that we are all keeping safe as much as possible at camp. We encourage social distancing and personal hygiene and will have hand sanitiser available throughout campsite. Please make sure that you bring a mask with you if you feel unwell, uncomfortable, or social distancing cannot be maintained.

While at camp, if you ever experience cold-like symptoms, we will have RAT tests available, so please ask for these as you need them! If you do test positive this weekend or become sick, you will need to go home. Please ensure that before coming on the weekend you have a way to get home should it be deemed necessary - if you are not driving yourself, this will mean having someone who can come and pick you up, as we do not have the space available on campsite for anyone to stay while sick.

If you do test positive for COVID before or during the weekend and will miss some or all the sessions, we will organise an online catch-up session before the week-long camp. If you do test positive before camp, please let us know at vicyp.logistics@ymca.org.au so that we know not to expect you!

Smoking



If you smoke, please do so on the Chess Board, just outside of the Conference Centre.

We ask that you respect the program and do not interrupt sessions by entering late or exiting early to smoke, and only smoke during designated breaks.

If you vape, we ask that you only do so outside and are aware of your surroundings as you do so by standing away from other people.



Chess Board - designated smoking area

What to bring to Camp!

Packing list

Comfortable clothes for everyday wear

- Bottoms; pants, tracksuit, leggings etc.
- Hoodie or jacket
- T shirts
- Socks & underwear
- Pyjamas
- Shoes (that cover your toes)
- Beanie

Bedding

- Pillow
- Sleeping bag OR doona
- Fitted Sheet for a single bed

Toiletries

- Toothbrush & toothpaste
- Soap
- Shampoo & conditioner
- Medications (if relevant)
- Hairbrush / comb
- Roll on Deodorant
- Towel

Misc.

- Water bottle
- Laptop (Training Weekend ONLY)
- Pencil case / stationary
- Plastic bag for dirty clothes
- Phone charger
- Face mask
- Torch

PLEASE NOTE:
This is an alcohol and drug-free program. Please do not bring alcohol, drugs, or weapons of any kind.



PLEASE NOTE:
While you may bring your laptop along to Training Weekend, please remember that the safety of your valuables is your responsibility. If you are not comfortable bringing your device, chat with your team to coordinate who will bring their laptops.

It will most likely be cold during camp so please be prepared. Bring bedding and clothing that will keep you warm over the weekend.



Training Weekend Day 1

Key:

Program Director

Youth Governor

Wreck

External Presenter

Training

Communications

Meals & Bedtime

Youth Press Gallery

Free Time

All

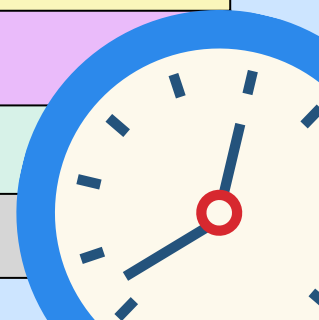
Friday 24th of May	
Everyone	
5:00pm	Arrive at NGV for bus (If taking YMCA Bus)
5:15pm	YMCA Bus Leaves
6:30pm - 7:00pm	Arrive at Lake Dewar Camp Site & Settle in (No dinner provided, please eat beforehand)
7:30pm	Welcome to Youth Parliament
8:00pm	Wreck
9:30pm	Free time & Chill Activities
10:00pm	Bedtime



Training Weekend Day 2

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	Saturday 25th May	
	Youth Parliamentarians	Youth Press Gallery
8:00am	Breakfast	
9:00am	Welcome	
9:10am	Public Speaking	Branding
9:45am	GTKY Chamber	
10:30am	Morning Tea	
11:00am	Bill Writing	Photography & videography
12:00pm	Training 101	YPG hour of power
1:00pm	Lunch & Read Bills	
2:00pm	Debate Practice	Podcasting
2:45pm	VEC: Intro to Voting	
3:15pm	Afternoon Tea	
3:45pm	Chamber Leader Elections	Interview Research
4:45pm	Youth Premier Elections	
5:30pm	Free Time	
6:00pm	Dinner & Youth Premier Announcement	
7:00pm	Chamber Meetings	How to Pitch
8:00pm	Wreck	
9:15pm	Debrief with PD	
9:30pm	Free time & Chill Activities	
10:00pm	Bedtime	



Training Weekend Day 3

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	Sunday 26th of May	
	Youth Parliamentarians	Youth Press Gallery
8:00am	Breakfast Pack Up & Clean	
9:00am	Campsite Clean Up	
9:10am	Media Training	Interview Prep & Refresher
9:40am	YPG Interview / Refuting pairs	
10:30am	Morning Tea	
11:00am	Debate Practice	Watch Debates
11:30am		Social Media with The Y
12:00pm	Lunch	
1:00pm	Wreck	
1:45pm	Wrap up / Reminders / Q&A	
2:00pm	Participants Leave	
4:30pm	YMCA Bus arrives at Arts Centre	

