

# YOUTH CAMP

**An inclusive  
adventure awaits.**

## What is Youth Camp?

Youth camp is a residential youth development program, experienced at one of our beautiful YMCA campsites. Our campers are mentored by our YMCA leaders, while engaging in campsite activities, leadership and team building, experiential learning and having a really fun break from their day to day! Our leaders strive towards youth empowerment and place our campers goals and aspirations at the forefront of our week with them. Youth Camp is a place for young people to connect, collaborate, develop and be inspired!

We can also support young people with diverse needs through individualised participant planning. Please feel free to submit an enquiry if you'd like to discuss your young person's support or access requirements.

**We cannot wait to bring a bunch  
of incredible young people together  
to grow alongside our highly  
skilled mentors and of course,  
have a whole lot of fun!**

## Dates for upcoming camps

**Monday 18 – Friday 22 September 2023**

– Lake Dewar, Myrning VIC

**Monday 15 – Friday 19 January 2024**

– Camp Manyung, Mount Eliza VIC

**Monday 8 – Friday 12 April 2024**

– Lady Northcote, Glenmore VIC

**Monday 23 – Thursday 26 September 2024**

– Lake Dewar, Myrning VIC

## Cost

**Youth camp costs \$750.00 per participant and is inclusive of healthy meals, accommodation, all activities and optional bus transport to and from camp.**

YMCA Youth Services is not a registered NDIS provider, however, plan-managed or self-managed participants may still be eligible to attend using their NDIS funding.

Please contact us to discuss.

**\$750.00 | per person inclusive**

**For enquiries please contact**

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**Registrations are  
now open for our  
next adventure**



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## Activities

Activities are dependant on location, but often include:

- High adventure activities such as giant swing, high ropes, marine discovery and flying fo
- Skill building activities; canoeing, survivor challenge, raft building and kitchen garden
- Group activities focusing on personal development and team building
- Life skill development; providing young people with the opportunity to lead, explore and express themselves freely in a safe and caring environment
- Quiet time creative activities such as arts and crafts, self-reflection, meditation and walking out in nature

## Age groups

While at camp, campers are divided into three age groups:

- juniors (8 – 11 yrs old) (not September program)
- intermediates (12 – 14 yrs old)
- seniors (15 – 16 yrs old).

## Youth Camp values

- We provide a fun and safe environment for young people over the school holidays, while promoting social development and independence through adventure based learning activities.
- We celebrate every young person as a brilliantly unique individual with their own developmental pathway, goals and aspirations.
- We aim to ensure our young people feel connected to their community and help them to realise the impact they want to make, through mentoring from empowering YMCA leaders.

## Values-driven programming

We put a lot of thought into every minute of our participants experience. Every activity, is a chance for the young people to learn something new or face a challenge that they can grow from. Our camps are programmed in a way that gives the participants constant opportunities to learn and grow in a safe space.

## In order to make camp a success

### Consider Camp as a holistic and meaningful learning experience:

This is an opportunity for your camper to connect with their peers and start identifying themselves as valued members of their community. This time also allows parents, guardians and carers to take care of themselves, so that they will feel refreshed when their camper returns home.

### Prepare for Camp together:

Decisions about camp – where and what to pack – can be a joint venture. If your camper feels part of the decision making process, their chances of having a positive experience will improve.

**Please note camp is a technology and aerosol free zone.**

### Transport options to and from camp:

If you don't live locally to one of our three campsites (Lake Dewar, Camp Manyung and Lady Northcote) we offer bus transport from Melbourne, to our camps.

Please enquire for further details.

