

24 - 26 September 2024

14 - 16 January 2025

FAMILY WELLNESS RETREAT



Step into serenity on the Mornington Peninsula with our three-day Family Wellness Retreat!

Indulge in quality family time while embracing activities tailored to nurture your wellbeing. From a gentle group yoga session to the therapeutic tones of sound healing, there's something for everyone! Plus, parents can delve into a mental health workshop crafted to support the young ones in their lives, while kids embark on an exciting adventure at Boneo Maze!

What's Included:

- Two nights' stay at Jimmy's Youth Wellbeing Sanctuary
- Family bunk rooms (for four people) or twin room + ensuite options
- Self-catering choices
- 1 group yoga session
- 1 group sound healing session
- A tailored mental health workshop for parents (two hours)
- An adventure at Boneo Maze for the kids (four hours)

Immerse yourself in our tranquil sanctuary.

Reset, relax, and recalibrate your family dynamics.

BOOK YOUR SPOT NOW

