



JOIN US FOR OUR SCHOOL HOLIDAY WELLNESS RETREATS

14 - 18 JULY 2025 | 29 SEPTEMBER - 3 OCTOBER 2025

Disconnect to reconnect!

Jimmy's Youth Wellbeing Sanctuary invites young people aged 13 to 17 to a transformative five-day retreat nestled in the picturesque Mornington Peninsula.

Our program structure provides an opportunity for young people to experience a digital detox and immerse themselves in an exclusive fusion of education, connection, and rejuvenation, empowering young minds to enhance their mental, emotional and physical wellbeing.

What's Included

- Four nights' accommodation at Jimmy's Youth Wellbeing Sanctuary
- Three nutritious meals daily, plus snacks
- Daily outdoor adventures led by Outdoor Education Professionals
- Holistic therapies & activities every day
- Bathe at the Peninsula Hot Springs

Cost: \$1,000

Experience Thrilling Adventures



Indulge in Holistic Therapies



BOOK NOW!

Contact Jess at 0475 277 131
or jessica.king@ymca.org.au

