

MODULE 1



MODULE THEME

Skills and Strengths

LEARNING INTENTION

Students identify their skills and strengths, how they are useful in different situations and the importance of continually developing new and existing skills.

SUCCESS CRITERIA

In completion of this module students can:

- ✓ Explain what a skill is and how people develop new and existing skills.
- ✓ Identify the skills needed to work independently and reflect on their ability to use them to complete independent tasks at school.
- ✓ Identify their skills and strengths and how they are useful at school, home and in the community.



OVERVIEW

This module aims to introduce students to the YMCA Evolve program and its facilitators, so they feel comfortable, informed and excited about what's to come. Students will develop a participant agreement to guide their behaviour and attitude throughout the program, before diving into an exploration on personal strengths and skills. Students will complete the session with a greater understanding of different skillsets and how they are useful in different contexts.



MODULE 2

#WHOAMI

MODULE THEME

Identity

LEARNING INTENTION

Students explore how identity is formed and why it's important to respect and appreciate their own and others' individual, social and cultural differences.

SUCCESS CRITERIA

In completion of this module students can:

- ✓ Explain what identity is and how it is formed.
- ✓ Recognise some of the elements that make up their identity.
- ✓ Compare their identity with others to recognise and celebrate cultural differences.



OVERVIEW

This module encourages students to reflect on the values and interests that shape their identity. They engage in a creative task involving drawing and paper construction to help them better understand themselves, then share what they've learned with their peers in a fun and open way. They explore how people's identity differs based on individual, social and cultural experiences and how it can change over time. The activities in this module help students recognise the benefits of individualism and why it's important to respect and appreciate personal difference.

MODULE THEME

Responsibility

LEARNING INTENTION

Students recognise their responsibilities at school and home, as well as those of people and services in their community, and how upholding them can help establish and maintain respectful relationships.

SUCCESS CRITERIA

In completion of this module students can:

- ✓ Identify some of their responsibilities at home and school, and those that don't belong to them.
- ✓ List some responsibilities held by people and services within their community, as well as the three tiers of government.
- ✓ Describe what a respectful relationship looks and feels like.
- ✓ Recognise the benefits of upholding responsibilities, especially when it comes to establishing and maintaining respectful relationships.
- ✓ Demonstrate how people with shared beliefs and values work together to achieve their goals and plan for action.



OVERVIEW

This module assists students to recognise their responsibilities at school and home, as well as those of people and services in their community. They will be introduced to the three tiers of government and learn how they work together and independently to meet the needs of society. Each activity helps students recognise the benefits of taking responsibility and why it's necessary for establishing and maintaining respectful relationships. As a result, students can describe what respectful relationships look and feel like, and recognise how people with shared goals can work together to achieve them.

MODULE 4

#MINDCONTROL

MODULE THEME

Mindset and Attitude

LEARNING INTENTION

Students recognise how their attitudes and emotions impact on their behaviour, wellbeing and ability to grow as a learner.

SUCCESS CRITERIA

In completion of this module students can:

- ✓ Identify how their emotions can positively and negatively affect their behaviour and goals.
- ✓ Explain the meaning of “growth mindset” and how it can benefit their learning.
- ✓ Use strategies to develop confidence, persistence and adaptability when faced with new challenges.



OVERVIEW

This module encourages students to examine how their attitudes and emotions affect their day to day behaviours and the way they approach different situations. They learn what it means to adopt a ‘growth mindset’ and how it can benefit their learning. Students will complete the session with a set of strategies to help improve their confidence, persistence and adaptability when faced with challenges.



MODULE 5

#DREAMTEAM

MODULE THEME

Team Work

LEARNING INTENTION

Students identify and practice skills and attitudes which positively contribute to a team environment.

SUCCESS CRITERIA

In completion of this module students can:

- ✓ Demonstrate confidence, persistence and adaptability when working in groups.
- ✓ Identify the characteristics of an effective team, including roles, skills and attitudes.
- ✓ Reflect on their contribution to a team and evaluate their team's performance.



OVERVIEW

This module aims to develop students' ability to effectively work in teams. Each group activity assists them to identify and practise the skills and attitudes which positively contribute to a team environment. Students will learn how to maximise their effectiveness by reflecting on their contributions and exploring ways to enhance their team's performance. With this knowledge, students will be able to participate in future group activities with increased confidence, persistence and adaptability.

MODULE THEME

Social Awareness & Fairness

LEARNING INTENTION

For students to recognise how stereotyping can lead to acts of discrimination and prejudice, and how this impacts on individuals and society. Students also reflect on causes of conflict and develop strategies to approach and respond effectively.

SUCCESS CRITERIA

- ✓ Define and recognise examples of stereotypes, discrimination and prejudice and discuss how they impact on the individual
- ✓ Describe the various causes of conflict and evaluate possible strategies to address conflict



OVERVIEW

This module aims to develop students' awareness of common stereotypes and personally reflect on how they make judgements about others. They learn the meaning of discrimination, how to identify acts of discrimination and the impact it can have on individuals and society. Additionally, students explore some causes of conflict and reflect on how they have managed situations in the past. They practise conflict resolution strategies so they can effectively respond to conflict among their peers.



MODULE 7

#CHANGEITUP

MODULE THEME

Responding to change

LEARNING INTENTION

Students reflect on how they have responded to change in the past, and develop some positive strategies to help them adapt to upcoming changes.

SUCCESS CRITERIA

In completion of this module students can:

- ✓ Identify changes that have occurred throughout their life and how they responded to them.
- ✓ Recognise some life changes are predictable and others are not.
- ✓ Explain some positive strategies to adapt to change.



OVERVIEW

This module assists students to identify predictable and unpredictable changes that have occurred in their lives and how they have responded to them. They reflect on how their emotions have impacted their ability to adapt to change in the past, and how these experiences can shape the way they respond to change in the future. Students explore strategies to help them accept changes beyond their control and to assist with the transition into high school.



MODULE 8

#STEPUP

MODULE THEME

Leadership

LEARNING INTENTION

Students determine the role and qualities of a leader and practise sharing the role when working in groups.

SUCCESS CRITERIA

In completion of this module students can:

- ✓ Explain the role of a leader and why they are important.
- ✓ Describe the qualities of an effective leader.
- ✓ Lead and follow others according to the needs of a group.



OVERVIEW

This module supports students to identify and practise a broad range of leadership skills by participating in team games.

Each game assists students to reflect on their own leadership qualities and recognise areas for improvement. They will learn the significant role communication plays in leadership, and how to effectively lead and follow others according to the needs of a group. Through active participation, students will acquire the skills and confidence they need to step up and take the lead.

CURRICULUM MAP FOR EDUCATORS

The Evolve program aims to develop the emotional intelligence of Year 6 students in preparation for their transition into high school. Each module aligns with the Personal and Social Capability Victorian Curriculum, and introduces concepts from learning areas such as Civics and Citizenship and Health.

PERSONAL AND SOCIAL CAPABILITY

WHAT'S COVERED?		WHERE CAN I FIND IT?
Explore the links between their emotions and their behaviour		Module 4 & 7
Reflect on how personal strengths have assisted in achieving success at home, school or in the community		Module 1
Describe what it means to be confident, adaptable and persistent and why these attributes are important in dealing with new or challenging situations		Module 4 & 5
Identify the skills for working independently and describe their performance when undertaking independent tasks		Module 1
Explore and discuss behaviours that demonstrate sensitivity to individual, social and cultural differences		Module 2
Describe the characteristics of respectful relationships and suggest ways that respectful relationships can be achieved		Module 3
Identify the characteristics of an effective team and develop descriptions for particular roles including leadership, and assess both their own and their team's performance when undertaking various roles.		Module 5 & 8
Define and recognise examples of stereotypes, discrimination and prejudice and discuss how they impact on the individual		Module 6
Describe the various causes of conflict and evaluate possible strategies to address conflict		Module 6

Note: the above table contains ALL of the content descriptors for the Personal and Social Capability (Level 5 and 6) to assist educators with their program planning.

LEARNING AREAS

WHAT'S COVERED?		WHERE CAN I FIND IT?
Civics and Citizenship	Describe the roles and responsibilities of the three levels of government, including shared roles and responsibilities within Australia's federal system.	Module 3
	Investigate how people with shared beliefs and values work together to achieve their goals and plan for action	Module 3
English	Participate in and contribute to discussions, clarifying and interrogating ideas, developing and supporting arguments, sharing and evaluating information, experiences and opinions, and use interaction skills, varying conventions of spoken interactions according to group size, formality of interaction and needs and expertise of the audience	Module 1-8